



**ASSOCIATION OF INDIAN UNIVERSITIES**

16, AIU House, C I G Marg, New Delhi-110002

No. AIU/SD/Weightlifting/2/25

September 30, 2025

**ORDER**

**Sub:** Implementation of New Body weight category 2025-26

**Ref:** Letter received from the Indian Weight-Lifting Federation of India dated 12.09.2025

Vide paper read above, the Indian Weight-Lifting Federation has informed the Association of Indian Universities (AIU) that they have Implemented new weight categories effective from 1st June 2025 for National/International Championship. The new weight categories are as follows: -

**Senior (Age Group 17+ year)**

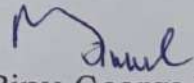
**Men (8):** 60kg, 65kg, 71kg, 79kg, 88kg, 94kg, 110kg, +110kg

**Women (8):** 48kg, 53kg, 58kg, 63kg, 69kg, 77kg, 86kg, +86kg

Indian Weight-Lifting Federation has further requested AIU to implement the same in the all competitions with effect from the academic year 2025-26 onwards.

Sanction has been accorded by the Hon'ble Secretary General, AIU to Implement the same in the Inter University Weight Lifting Championship from the academic year 2025-26 onwards

Orders are issued accordingly.

  
Dr. Binu George Varghese  
Joint Secretary (Sports)

Copy to:

Vice Chancellor/Registrar/Director of Physical Education & Sports of All Member Universities

Indian Weight-Lifting Federation.

PS to SG for information of Hon'ble SG

Head (IT) with a request to upload in AIU Website

PS to DG, SAI